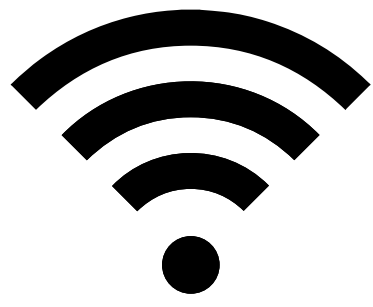
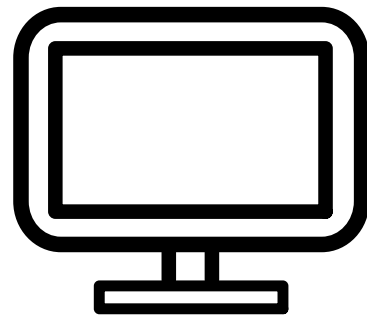


# How to enter a Video Consultation

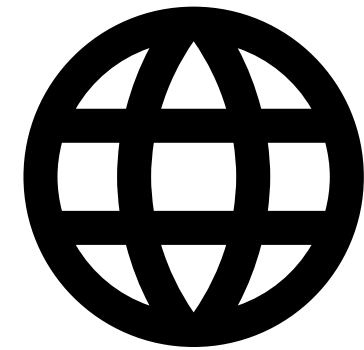
## What you need



Internet connection



A device with a microphone and webcam (computer/laptop/Phone)



A compatible browser (Chrome, Safari, Edge)

## Entering the call:

### By text message

- Open your text messages from your therapist.
- Click on the link to enter the secure videocall.

### By email

- Open your **email** from your therapist.
- Click on the [SEE MY PROVIDER](#) to enter the secure videocall.

## During the call:



Press Green to start the call



Press Red to end the call



Press the card button to pay